

MONDAYS
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food menu

mains

SLIDESHOW	\$5.90	GLIZZY LINE UP	\$6.40
CHEESE SMASH OKLAHOMA KOREAN FRIED CHICKEN FILLET 'AH' FISH K-BBQ CAULIFLOWER		THE BIG SMOKE NY STEAMIE WINDY CITY BANH MI	
POPCORN CHICKEN	\$13.50	POWER BOWLS	\$15.70
SZECHUAN HOT HONEY EVERYTHING RANCH S&P DRY RUB		ASIAN CHICKEN CRISPY TOFU CAULIFLOWER	
THE THREEPEAT	\$16.90		
ANY THREE SLIDERS			

sides n stuff

RAMEN FRIES	\$8.90	SPRING ROLLS	\$8.90
NAKED FRIES	\$8.90	ONION RINGS	\$6.90

rituals menu

non-alcoholic offerings*

GRUVI SANGRIA	\$13	DRY SECCO	\$13
Fruit but not-so-sweet, go to summer sipper		Guilt-free prosecco	
GEEZ LOUISE	\$8	EASY TIGER LAGER	\$8
Gut-happy sparkling water, with 5g of fibre and 0 sugar. Available in Lemon Lavender or Passionfruit Rosemary		Crisp and easy to drink	
		JELLY KING	\$11
		Dry hopped sour	

adaptogens

LEISURE HYDRATION	\$8	IN GOOD COMPANY	\$10
Lemonade reimaged, but without all the junk		21 COASTLINE - Mango and key lime mojito with adaptogens, nootropics, and vitamins	
OOSO SPARKLING TEA	\$9	THE COMEBACK - Ginger and lime spicy mule with adaptogens, nootropics, and vitamins	
Inspired by natural red wine - Lambrusco meets a chilled red			

matcha

ICED MATCHA LATTE	\$7
Ceremonial grade matcha, choice of almond or oat milk	
ICED STRAWBERRY MATCHA LATTE	\$8
Ceremonial grade matcha, strawberry, choice of almond or oat milk, dehydrated strawberry	

coffee

ESPRESSO	\$3.50/\$5
Single or double shot.	
AMERICANO	\$4
Hot or iced.	

**Non-alcoholic beverages may contain trace amounts of alcohol (≤0.5% ABV)*

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pours menu

brews

CIDER	\$11	DRAUGHT	\$10.50
Rotating cider tall can 16oz		16oz pints	
SELTZERS	\$10	BEER	\$9-11
High Noon 12oz, various flavours		Rotating selection of 12oz bottles and cans	

feature cocktails

MATCHA-TINI	\$18	GIN + JADE	\$18
Ceremonial grade matcha, vodka, Creme De Cacao, cream		Ceremonial grade matcha, Gin, almond milk, orgeat	
COCO MATCHA	\$18	MATCHARITA	\$18
Ceremonial grade matcha, coconut rum, sake, coconut milk, pineapple, lime		Ceremonial grade matcha, tequila, orange liqueur, fresh lime	

wine

	6oz / 9oz	
HOUSE RED	\$15/\$19	
HOUSE ROSE		
HOUSE WHITE		
SPARKLING WINE		
Wine available by the bottle for \$55		

others

BAR RAIL	\$8-12
Straight or mixed, 1oz	
COCKTAILS	\$17-20
Classic cocktails, 2oz	
SHOOTERS	\$5
Rotating feature shots, 1oz	